

FREEDOM - May

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God's freedom: God refuses to be an object for attachment because God desires full love, not addiction. Love born of true freedom, love free from attachment, requires that we search for a deepening awareness of God, just as God freely reaches out to us. ²

Freedom is possible through a mysterious, incarnational synthesis of human intention and divine grace. ³

Freedom becomes most pure when our addictions have so confused and defeated us that we sense no choice left at all. Here, where we feel absolutely powerless, we have the most real power. Nothing is left in us to force us to choose one way or another. Our choice, then, is a true act of faith. We may put our faith in ourselves or in our attachments or in God. It is that simple. ⁴

¹ Gerald G. May, M.D., *Addiction and Grace* (New York: HarperCollins Publisher, 1988), 91.

² Gerald G. May, M.D., *Addiction and Grace* (New York: HarperCollins Publisher, 1988), 94.

³ Gerald G. May, M.D., *Addiction and Grace* (New York: HarperCollins Publisher, 1988), 114.

⁴ Gerald G. May, M.D., *Addiction and Grace* (New York: HarperCollins Publisher, 1988), 127.